

Five County Mental Health Authority

Consumer &

Family

Advisory

Committee

The Consumer and Family Advisory Committee (CFAC) meets:

2nd Tuesday of each month at 6:00 PM

Vance Granville Community College

210 W. Ridgeway Street

Warrenton, NC

Warren County Campus Building 4, Rm 432

Web address to view the state plan:

www.ncgov.com

In accordance with Federal requirements, Five County Mental Health Authority recognizes as a priority, services to substance abusing pregnant women and IV drug users. **If you contact our Call Center we will assist you as quickly as possible.**

1-877-619-3761

Hearing Impaired:
1-800-735-2962 (Relay NC)

For General Information call:
1-866-375-1315

Five County Mental Health Authority

web address:

www.fivecountymha.org

Finding the appropriate help for
you is a priority for us.



Your voice in Mental Health, Developmental
Disabilities and Substance Abuse services in
Franklin, Granville, Halifax, Vance and
Warren counties

What Is CFAC?

The Five County Consumer and Family Advisory Committee (CFAC) is made up of volunteers who are consumers of Mental Health, Developmental Disabilities or Substance Abuse (MH/DD/SA) services or family members of consumers receiving these services.

The CFAC offers advice and guidance to Five County Mental Health Authority on improving services as the agency implements its goals and state directives. CFAC was created as a part of the NC Division of MH/DD/SA Reform in 2000 to provide active participation by consumers and family members.

Recognizing the unique perspective and abilities that consumers and their families bring, the system is dedicated to providing them with the opportunity to have a voice and choice in the services they receive.

CFAC Functions

- Advise and comment on MH/DD/SA services at the local and state levels
- Make recommendations on how to educate consumers so they know what services are available and how to access them
- Provide advice and consultation regarding development of additional services by exploring new ideas & practices proven to work best
- Participate in monitoring how services are developed and delivered
- Help identify people who are not receiving services
- Participate in the quality improvement process to make sure necessary changes are made
- Encourage consumer and family participation

How can I Join?

We need your help.

As a consumer or family member of a consumer, your experience would be of great value to our Consumer and Advisory Committee. Your participation on the committee will require:

- An investment of time (approximately 4 hours per month)
- A desire and interest to be a part of planning an improved system of mental health services
- You must be a consumer of mental health services or a family member of someone receiving mental health services.

If you are interested or need more information, please contact:
Anita Mason 252-430-1330

Email: amason@fivecountymha.org



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