

**The Consumer and Family
Advisory Committee (CFAC) meets:**

2nd Tuesday of each month at 6:00 PM

Vance Granville Community College

210 W. Ridgeway Street

Warrenton, NC

Warren County Campus Building 4, Rm 432

Web address to view the state plan:

www.ncgov.com

Five County Mental Health Authority understands the urgency in finding the treatment or counseling help that pregnant women substance abusers and IV drug users may need.

If you call our Call Center we will assist you as quickly as possible.

1-877-619-3761

Hearing Impaired:
1-800-735-2962 (Relay NC)

**For General information call:
1-866-375-1315**

Five County Mental Health Authority

web address:

www.fivecountymha.org

**Finding the appropriate help for
you will be a priority for us.**



**Your voice in Mental Health, Developmental
Disabilities and Substance Abuse services in
Franklin, Granville, Halifax, Vance and
Warren counties.**

What Is CFAC?

The Five County Consumer and Family Advisory Committee (CFAC) is made up of volunteers who are either consumers of Mental Health, Developmental Disabilities or Substance Abuse (MH/DD/SA) services or family members of consumers of these services.

The CFAC offers advice and guidance to Five County Mental Health Authority on improving services as the agency implements its goals and state directives. CFAC was created as a part of the NC Division of MH/DD/SA Reform in 2000 to provide active participation by consumers and family members.

Recognizing the unique perspective and abilities that consumers and their families bring, the system is dedicated to providing them with the opportunity to have a voice and choice in the services they receive.

CFAC Functions

- Advise and comment on MH/DD/SA services at the local and state levels
- Make recommendations on how to educate Consumers so they know what services are available and how to access them
- Provide advice and consultation regarding development of additional services by exploring new ideas & practices proven to work best
- Participate in monitoring how services are developed and delivered
- Help identify people who are not receiving services
- Participate in the quality improvement process to make sure necessary changes are made
- Encourage Consumer and family participation

How can I Join?

We need your help.

As a consumer or family member of a consumer, your experience would be of great value to our Consumer and Advisory Committee. Your participation on the committee will require:

- An investment of time (approximately 4 hours per month)
- A desire and interest to be a part of planning an improved system of mental health services
- You must be a consumer of mental health services or a family member of those receiving mental health services

If you are interested or need more information, please contact: Robin Wheatley at 252-430-3025 or Shirley Flood at 252-430-3063



Consumer and Family Advisory Committee